

## Key Learning in PSHE: Years 5 and 6

Understanding Self and Others	Working With Others			Negotiation		Compassion and Empathy		Body Language - Verbal and Non-Verbal
<ul> <li>Recognise their own and other people's personality traits, individual preferences and characteristics.</li> <li>Recognise challenging behaviours and the negative effects these can have on relationships.</li> </ul>	<ul> <li>Know that different people react in different ways when working in a group.</li> <li>Demonstrate their knowledge of group dynamics.</li> </ul>	listening sk Consider h challenging conflict and	ow they respond to g circumstances e.g.	<ul> <li>Recognise the imp skills and how diff people bring diffe tasks.</li> <li>Demonstrate nego compromise.</li> </ul>	erent rent skills to	<ul> <li>Demonstrate respectful interactions with others.</li> </ul>		<ul> <li>Recognise more complex body language and non- verbal signals.</li> <li>Understand that sometimes non-verbal signals can be misinterpreted by others and develop strategies for dealing with this.</li> <li>Demonstrate speaking and listening skills.</li> </ul>
Assertiveness	Making Choices		Risk Taking		Influences	;	Mak	ing Decisions
<ul> <li>Further understand the skill of bassertive.</li> <li>Speak using the assertive 'l'.</li> <li>Know that it is OK to make mist</li> <li>Say 'No' and mean it.</li> <li>Know where to go for help.</li> </ul>	will have to make in the ldentify ways of helping supporting friends under	future.	<ul> <li>Be able to identify</li> <li>Calculate risk.</li> <li>Recognise risk in a and make judgem respond in order to the second secon</li></ul>	pinions confidently. y risky situations. different situations hents about how to to keep safe. e approach towards	<ul> <li>Understand influence c negative o</li> <li>Develop st</li> </ul>	peer influence. d ways in which peer an have positive and utcomes. rategies for resisting eer influence.	dec	w the process for making a ision. nonstrate the use of the process.